

We use a state of the art coaching methodology to support you in fulfilling on your most important commitments

CORE COMPETENCIES

- **Leadership**
 - One-on-One Executive Coaching
 - Leadership Development
 - Strategic Planning
 - Management Training
 - Assessment of Leadership Competency Gaps
- **Engagement and Culture**
 - Change Management
 - Organizational Culture Transformation
 - Work/Life Balance and Wellness
 - Moral and Employee Engagement
 - Conflict Resolution
- **General Skills Development**
 - Customer Service Training
 - Time Management Training
 - Effective Communication
 - Public Speaking Training
- **Strategy and Organizational Alignment**
 - Team building/teamwork
 - Organizational Design and Development
 - Workforce Alignment
 - Annual Performance Planning
- **Training Program Support**
 - Performance Consulting and Coaching
 - Training Implementation Strategy
 - Training Needs Assessment

PAST PERFORMANCE

- **Smithsonian Institution**
- **U.S. House of Representatives**
- **U.S. Department of Veterans Affairs**
- **U.S. Department of the Interior**
- **U.S. Navy**
- **U.S. Department of Transportation**



DIFFERENTIATORS

- Worked with public and private sector clients since 2000
- Highly effective methodology that reliably produces results
 - Tailored offerings based on individual client needs
 - Highly skilled staff all with over 10 years experience

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This work exceeded all of our expectations. We went from complaining to taking responsibility for the future, getting in touch with what inspires us, and now have the possibility of creating partnership with our clients. The results are truly exciting for us all. We are now on track to have a workplace that is much more satisfying and productive.

-Pope Barrow, Director, House Office of the Legislative Counsel, United States Congress